



FALL

2020

SEPT. 8th - DEC. 18th.

PRE-SEASON ICE.

There will be 3 Pre-Season dates this year.

<u>Tues. Sept 1st</u> at Sportsplex arena.	4:30 – 5:30 pm.	Open session.	\$20.00
<u>Wed. Sept 2nd</u> at Sportsplex arena.	4:30 – 5:30 pm.	Open session.	\$20.00
<u>Thurs. Sept 3rd</u> at Sportsplex arena.	5:00 – 6:00 pm.	Open Session.	\$20.00

Pre-Season Registration is available under Fall 2020 Registration. No coaching fees are included in pricing.

PROGRAM ASSISTANT TRAINING.

New COVID guidelines require all PA's to take training this year.

Our Program Assistants (PA'S) are a great asset to our skating programs. These girls and boys come from our Starskater sessions. They are there to assist the coaches during the Canskate sessions. The younger skaters really look up to our older skaters. If your skater wishes to volunteer as a PA this year, they must be 12 years of age or older, and attend the PA training session on:

Thursday, Sept 3rd from 4:00 – 5:00 pm. Session to be held at the Sportsplex.

PRE-Registration is available under the Fall 2020 reg Season. There is a fee of \$1.00 to register.

Reg deadline is Monday August 24th.

REGISTRATION/OPEN HOUSE EVENT.

Due to COVID we will not be holding our annual Registration/Open House event.

REGISTRATION INFORMATION.

Please note!!! *****All sessions are priced Sept – Dec only.*****

Due to COVID guidelines being updated on an ongoing basis, we will be running two registrations for the Fall/Winter 2020-2021 season. Sept – Dec and then Jan – March. This will allow us to adjust our session numbers as required. You will notice that prices are higher than last year. This is because our max number of skaters permitted on the ice is lower than previous years.

Payment plans are available when registering for multiple sessions. You can make online payments by charge card or pay pal. Post dated cheques can also be used.

Payment plans do not apply to Pre-Season Ice, or PA Training.

FACILITY/COVID INFORMATION.

Due to COVID there will be strict protocols in place for all ice users at both George Preston and Sportsplex arenas.

- *There is a max number of skaters & coaches permitted and the number is different for both rinks.
- *As well, there is going to be a max number of spectators permitted in the building. At George Preston it will be 1 spectator per skater, no siblings.
- *There will be hand cleaning stations upon entry and exit of the rinks.
- *Dressing room seats will be marked with tape to assure that proper social distancing is being carried out. Dressing rooms will be cleaned between each group of skaters. When a skater exits the dressing room, they must take all their personal items with them. No items are to be left in the dressing rooms as skaters will not be permitted back in.
- *Entry and Exits will be clearly marked and must be followed by all, skaters, coaches, and spectators alike.
- *At ice level, our coaches will be wiping down all touch areas after each group of skaters has exited. Hand sanitizer will be available at the boards. Coaches will be wearing a mask for Canskate sessions and avoid physical contact whenever possible.
- *All skaters, coaches and volunteer parents and spectators will have to sign a liability waiver & health checks will be completed daily for all the above.**

PROGRAM INFORMATION.

CANSKATE ONLY. NO PRE-CANSKATE DUE TO COVID.

Skate Canada protocols state that all skaters must be able to stand on their own and be able to get back on their feet when they fall. The idea is to have as minimal physical contact as possible.

Sessions fees are for the period of Sept to Dec.

Mon & Wed classes at Sportsplex.

Monday 13 classes. Sept 15th – Dec 14th. 4:45 – 5:30 pm.

Wednesday 14 classes. Sept 9th – Dec 16th. 5:00 – 5:45 pm.

NO TUESDAY CLASSES at George Preston. Their max number of skaters is too low to be cost effective.

Skaters may only sign up for 1 day a week as session numbers are restricted to 15 skaters each day.

There will be registration in Dec for Jan to March sessions.

No skating Mondays Oct 12th.

No skating Wednesdays Nov 11^h.

Special dates: TBA

Late Entry Figure Skating. LEFS.

This session is for skaters aged 13 thru Adult who want to learn how to figure skate in a non-competitive environment.

Coaching fees are included in the session pricing.

Sessions are priced for Sept – Dec. Wed, 14 classes.

No skating on Nov 11th.

Jr Academy.

For those skaters who have just completed Canskate or those Star Skaters who have not yet passed any tests. Working on Star 1 & 2. **This is a minimum 2 day a week program.**

If you are unable to attend either the Monday or Thursday Jr Academy class, your second day can be Friday Jr Dryland/Jr Free from 4:45 – 6:30 pm.

Jr Academy Session fees include coaching at a ratio of 2 coaches per 10 skaters.

Monday session consists of 1 hr of ice time from 3:30 – 4:30 and 30 min of dryland from 4:45 – 5:15.

Thursday session consists of 30 min of dryland from 4:15 – 4:45 and 60 min of ice time from 4:45 – 5:45.

Class fees are for the period of Sept – Dec. Mon. has 13 classes, Thurs has 15 classes, Friday has 14 classes.

No skating Monday, Oct 12th & Friday Nov 27th.

Starskaters:

Level Requirements.

Jr. level requirements are no tests passed. Working on Star 1 - 3.

Sr. level requirements are Working on Star 4 and up. Must have passed Star 3.

You can only register as a Jr or as Sr according to your tests passed.

Sessions run from Sept thru Dec. The coaching fee is included for all Jr sessions. Sr Dryland, Sr Development and Open Development also include coaching fees. These are clearly marked on the attached session sheet. Coaching ratio for Jr stars & Open Development sessions is 3/10 and Sr Development is 2/10.

Mon. sessions have 13 classes with **No skating Oct 12th**. Tues. sessions have 15 classes.

Wed. sessions have 14 classes with **No skating Nov 11th**. Thurs. sessions have 15 classes.

Fri. sessions have 15 am & 14 pm classes with **No PM skating Nov 27th**.

Sat. session has 13 classes with **No Skating Oct 10th**.

VOLUNTEER BONDS. Not applicable at this time.

All registration is online. Go to our registry site to register.

www.skatelangley.com/clubs/langley

All families are strongly encouraged to read the LSC handbook prior to registration. It can be found on our home page.

LSC Administrator

registrar@skatelangley.com