

# SPRING



# 2018

ARENA	TIMES	SESSON	LENGTH	REG PRICE	
<b>MONDAY</b> <b>April 9th - June 4th</b> <b>8 wks</b>					
SP	3:30 - 5:15 pm	Jr Academy/Dryland	90 min	\$220.00	incl coach
SP-MR	4:45 - 5:15 pm	Dryland portion	30 min		
SP-AR	3:30 - 4:30 pm	Sr Dryland	60 min	\$110.00	incl coach
SP	4:45 - 5:30 pm	Canskate	45 min	\$100.00	incl coach
SP	5:00 - 5:30 pm	Pre-Canskate	30 min	\$90.00	incl coach
SP	5:30 - 6:30 pm	Int/Sr Freeskate	60 min	\$125.00	
SP	6:30 - 7:00 pm	Int/Sr. Development	30 min	\$110.00	incl coach
<b>No skating April 2nd and May 21st.</b>					
<b>TUESDAY</b> <b>April 3rd - June 5th.</b> <b>10 wks</b>					
SP	3:30 - 4:30 pm	Int/Sr. Freeskate	60 min	\$150.00	
SP	4:30 - 5:15 pm	Jr/Int Freeskate	45 min	\$230.00	incl coach
SP-AR	4:35 - 5:05 pm	Int/Sr Dryland	45 min	\$55.00	
Program set up by coach. Non supervised.					
SP	5:15 - 5:45 pm	Open Skills & Dance	30 min	\$80.00	
SP	5:45 - 6:15 pm	Open Development	30 min	\$130.00	incl coach
<b>Level Requirements</b>					
Jr Academy. From Canskate or Coach recommended..					
Jr Level. No tests passed. Working on Star 1 & 2.					
Int Level. Working and competeing on Star 3 & 4. Must have passed Star 2.					
Sr Level. Working on Star 5 and up. Must have passed Star 4.					
SP	<b>SPORTSPLEX IN WALNUT GROVE</b> #100 20165 91A Ave Langley BC		MR	Meeting Romm	
			AR	Aerobics Room	

ARENA	TIMES	SESSON	LENGTH	REG PRICE	
<b>WEDNESDAY</b> <b>April 4th - June 6th.</b> <b>10 wks</b>					
SP	3:30 - 4:30 PM	Int/Sr Freeskate	60 min	\$150.00	
SP	4:30 - 5:00 pm	Sr Skills and Dance	30 min	\$80.00	
SP	5:15 - 6:00 pm	Canskate	45 min	\$125.00	incl coach
SP	5:30 - 6:00 pm	Pre-Canskate	30 min	\$110.00	incl coach
SP-AR	6:15 - 7:00 pm	Sr Dryland	45 min	\$125.00	incl coach
SP	6:00 - 7:15 pm	Jr/Int Freeskate/Spins	75 min	\$375.00	incl coach
SP	7:00 - 7:15 pm	Jr/Int Spins	15 min	\$65.00	incl coach
SP	7:15 - 7:45 pm	Jr Skills and Dance	30 min	\$155.00	incl coach
SP	7:00 - 7:45 pm	LEFS	45 min	\$165.00	incl coach
<b>THURSDAY</b> <b>April 5th - June 7th</b> <b>10 wks</b>					
SP	3:30 - 5:15 pm	Jr Academy/Dryland	90 min	\$275.00	incl coach
SP-MR	4:45 - 5:15 pm	Dryland portion	30 min		
SP	4:15 - 5:45 pm	Jr/Int Develop/Dryand	75 min	\$215.00	incl coach
SP-MR	5:15 - 5:45 pm	Dryland portion	30 min		
SP	5:00 - 5:45 pm	Sr Development	45 min	\$190.00	incl coach
SP-MR	6:00 - 6:45 pm	Sr Dryland	45 min	\$75.00	incl coach
<b>FRIDAY</b> <b>April 6th - June 8th</b> <b>10 wks</b>					
SP	6:00 - 7:30 am	open. All Disciplines	60 min	\$150.00	
SP	3:30 - 4:30 pm	Jr/Int Freeskate	60 min	\$300.00	incl coach
SP	4:30 - 5:30 pm	Int/Sr Freeskate	60 min	\$150.00	

LSC acknowledges the financial support of the government of British Columbia.

